

Teacher notes

Topic 1: My interests, skills and future choices



Subject links

PSHEE | Careers | English | Citizenship



Skills

Enquiry | Communication | Evaluation



Learning outcome

To assess needs, interests, values, skills, abilities and attitudes in relation to future options in learning, work and enterprise.

Depending on needs, support students to work either with a partner, by themselves or with a trusted adult.



20 minute activity

Activity 1: Me

Students consider their interests and future choices through a short quiz.

Resources:

Topic 1 Worksheet 1

Topic 1 Slides: Activity 1

Use the slides to get students thinking about their interests and the choices that young people have to make. Hand out Worksheet 1 for students to complete the quiz independently.

Students work in pairs to compare and discuss their responses.

Feedback as a class.





20 minute activity

Activity 2: Understanding skills

Students identify their skills and create a skills map.

Resources:

Topic 1 Worksheet 2-3

Topic 1 Slides: Activity 2

Students think of as many skills as they can and write/stick them on the board. Discuss the different skills as a class.

Using Worksheet 2, students work in groups of two to three to select and describe a skill and provide an example of when and how it might be used. An example is provided on the slides.

If students are struggling to think of any personal skills, you may want to suggest they think of someone they know or a celebrity. Or they may want to look at the real-life stories on the Step into the NHS website and think about the skills our staff have.

Hand out Worksheet 3 and get students to create their own skills map.



10-15 minute activity

Activity 3: Skills and careers match

Students match their skills to a career in the NHS.

Resources:

Topic 1 Slides: Activity 3

Online quiz: stepintothensh.nhs.uk/careers/take-the-test

Students complete the online quiz. In pairs, compare and discuss the top five NHS career results.

Outline different elements of the jobs which students explore - skills, responsibilities, hours of work, qualifications needed.

